

Your Seed Starting Calendar

Your last frost date: _____

12 weeks before last frost		Your Seed Starting Date:
	Leeks	
	Onions	
	Shallots	
10 weeks before last frost		Your Seed Starting Date:
	Celery	
	Eggplant	
	Parsley	
	Peppers	
8 weeks before last frost		Your Seed Starting Date:
	Bok Choy	
	Broccoli	
	Collards	
	Fennel	
	Green Onions	
	Kale	
	Lettuce	
6 weeks before last frost		Your Seed Starting Date:
	Basil	
	Broccoli	Can sow again for a second planting
	Brussels Sprouts	
	Cabbage	
	Cauliflower	
	Kohlrabi	
	Lettuce	Can sow again for a second planting
	Tomatillos	
	Tomatoes	
4 weeks before last frost		Your Seed Starting Date:
	Basil	Can sow again for a second planting
	Chard	
	Cucumber	
	Melons	
	Summer Squash	
	Winter Squash	

Notes on Calculating Your Last Frost Date

The best way to calculate the average last spring frost date for your area in the US is to visit the website of your local Cooperative Extension. They're usually attached to your state university. This website gives you a general two week window of frost dates for the U.S.
bonnieplants.com/library/first-and-last-frost-dates/

You can also enter your zipcode into plantmaps.com

If you live in Wisconsin, go to this site and choose your county. When your county information is displayed, click on Climate Data on the left. It will list the median last frost date for your county.
wisconline.com/counties

If you live outside of the US, look for a gardening association or club, or community garden in your area that would be able to help you find or put together a planting calendar.

It's best to check a few sources and compare. If you know other gardeners, ask them for the average last frost date in your area.

Keep in mind that this is just the "average" last frost. From year to year the actual last frost will vary quite a bit. That doesn't matter, we're just looking for a somewhat accurate date to use to plan out your seed starting schedule. You can always tweak it next year after you have one season of seed starting under your belt!