

MY GARDEN VISION FOR THIS YEAR

Circle all of the things you'd like more of in your life:

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|----------------------------|-----------------------|---------------------------------------|
| Photography | Relaxation | Working on creative/artistic projects |
| More physical activity | More visual beauty | _____ |
| Honing your cooking skills | More time with family | _____ |
| Appreciating nature | A focused hobby | _____ |
| Being outside more | Eating right | _____ |
| Learning about plants | Entertaining at home | _____ |

Pick your top three from the list above and write a few sentences about how you'll use them and your garden to pursue your ideal lifestyle.

What kind of lifestyle do I want gardening to create for me this year?

Next, I want you to create a Pinterest board that represents the kind of lifestyle you want gardening to create for you this year.

As gardeners, we tend to be visual people who think in images, colors, and patterns. Using a platform like Pinterest is a way to stimulate your creativity and get your brain excited to start the planning process. It's like an electronic version of a vision board. It's a way to state your intentions for the season, and it's something tangible you can return to throughout the year to rekindle that vision when you need a reminder.

Take the themes that arose when you answered the questions on the worksheet and search for photos that represent them visually. You can check out my board, My Garden Visions and Goals, as inspiration here: pinterest.com/createveggies/my-garden-visions-goals/.

If Pinterest isn't your thing, create your vision board in another medium. You might draw pictures or assemble a collage with cuttings from magazines and seed catalogs. When you've created your board, come share it in the free Facebook group I run for gardeners all over the world - Creative Gardener Challenges. You can request to join here: facebook.com/groups/MakeYourHarvestLast/. We'd love to be inspired by your ideas and support you in accomplishing your vision this year.