



# Extend Your Harvest: Plant a Fall Garden

Start with spinach if you're curious about cold weather gardening!

Go to [plantmaps.com](http://plantmaps.com) and enter your zip code. Scroll down to find your average last frost date and decide on a date from that range.

Average last frost date: \_\_\_\_\_

Use a calendar to count out:

8 weeks from last frost date: \_\_\_\_\_

6 weeks from last frost date: \_\_\_\_\_

4 weeks from last frost date: \_\_\_\_\_

You can plant spinach as many times as you want between these dates.

My favorite varieties are Corvair and Giant Winter Spinach. Both are available from High Mowing Seeds, one of my favorite seed companies.

Figure out where you're going to plant your fall spinach and then keep it watered well until it germinates. I water mine twice a day, in the morning and evening.

My online class, **Extend Your Harvest**, will help you get the best results from your fall garden. You'll learn what to plant and when to plant it in your area, and the best varieties for cold weather growing. I'll share tips on getting seeds to germinate in summer and show you how to use row covers and other season extension techniques if you want to keep your garden going into the coldest months of the year.

If you want to have more food outside your front door for more months of the year join us now and get immediate access to a series of videos you can watch at your own pace that walk you step by step through the process. Each video is less than 6 minutes long and is focused on getting you to take action.

[CreativeVegetableGardener.com/fall-garden-class](http://CreativeVegetableGardener.com/fall-garden-class)