

WHAT DO I WANT TO GROW?

What does my family eat and buy from the grocery store on a regular basis?

Which of these ingredients can I grow for myself?

What is most important for me to have fresh from my garden?

What foods taste noticeably better when I grow them myself? (If you don't know, which foods do you enjoy more from the farmers market as opposed to the grocery store?)

What special varieties do I want that are hard to find?

Which foods provide the highest value? What's expensive to buy or difficult to find in winter? (Examples: berries, red peppers, broccoli)

Are there foods that I want to preserve for winter eating? If so, what can I easily preserve? (Examples: tomato sauce, pesto, garlic)

What's grown well for me in the past? What have I seen growing well in my neighborhood, or received as excess from friends or coworkers?

What will make me happy to grow in my garden?
